

“Free Health Screening Camp for Women”

at

Ambapuram Village

On 30th January 2025

Organised by Women’s Studies Centre

Report

Introduction

A free health screening camp for women was organized by UGC Women’s studies centre on 30th January 2025 at Ambapuram Village in collaboration with Ayush Hospitals, Vijayawada, with the aim of promoting women’s health and well-being in the community. This event was made possible through the collaborative efforts Dr. Vijaychander, Ayush Hospitals, Vijayawada and UGC – Women’s studies centre and it provided an invaluable opportunity for women to access essential healthcare services.

Objectives of the Programme:

- a. To raise awareness about the importance of regular health check-ups for women.
- b. To provide free health screenings and consultations for women of all ages.
- c. To empower women with knowledge about their health and well-being.

Venue of the Programme: Ambapuram, an adopted village of our College.

Outcome of the Programme:

The health screening camp offered a comprehensive range of services to address various aspects of women’s health. These services included:

- a. General health check-ups: Blood pressure, body mass index (BMI), and temperature measurements.
- b. Gynaecological examinations: Pelvic exams, breast examinations, and Pap smears for cervical cancer screening.
- c. Reproductive health counseling: Providing information on family planning, contraceptive methods, and maternal health.
- d. Nutrition counseling: Dietary advice and nutrition education to promote healthy eating habits.

- e. Mental health support: On-site counsellors and psychologists to address mental health concerns.
- f. Health education workshops: Sessions on topics such as menstrual hygiene, and women's overall health.

The free health screening camp for women represents a significant stride in advancing women's health and overall well-being within our community. Beyond delivering vital healthcare services, it also empowers women by equipping them with knowledge and resources to lead healthier lives. The triumph of this event underscores the ongoing need to prioritize women's health and their access to healthcare services.

Our heartfelt appreciation extends to all the dedicated volunteers, healthcare professionals, and

UGC Women's studies centre members whose collective efforts made this event possible. By uniting our strengths, we can continue our mission to enhance the health and quality of life for women within our community.

The event was organised by the UGC Women's Studies Centre and team members.

Photos



